

How Allendale County Feels the Heat

Results of 2025
Community Survey

Why Heat Matters

Health Risks

- High temperatures can compound pre-existing conditions and some medications increase heat sensitivity, making you more vulnerable to the heat
- Heat-related illness can occur when your body can't cool off; it can cause symptoms like dizziness and nausea
- Extreme heat exposure can lead to stroke and death

Energy Cost

- Your home A/C works overtime to cool your space in more extreme temperatures, increasing the cost of your electric bill

Protect Yourself and Others

- Hydrate
- Stay in the shade
- Locate community spaces with A/C
- Check on friends and family
- Wear light colored, loose fitting clothing

Heat in Allendale

In the summer of 2025, we asked 451 residents about their experience with the weather.

Heat matters the most to Allendale County

91°F Average summer temperature in Allendale

Individuals at a higher risk of heat impacts include...

- Young children & infants
- Older adults
- Pregnant women
- People with chronic health issues

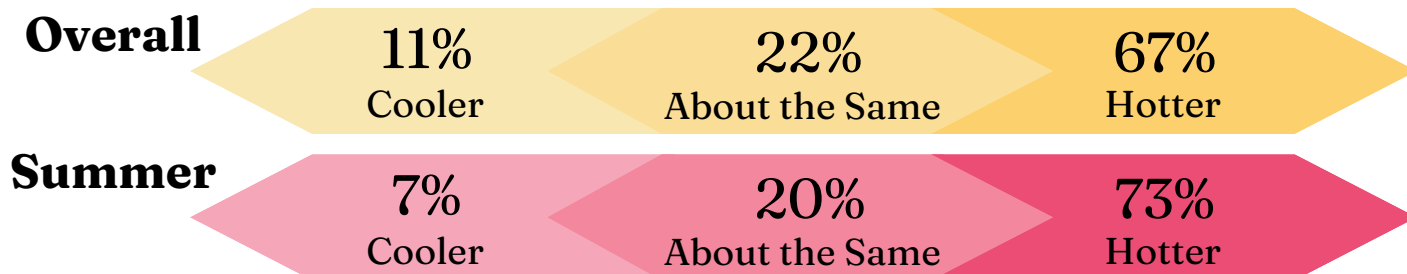


Learn more
at heat.gov

COMMUNITY PERCEPTIONS

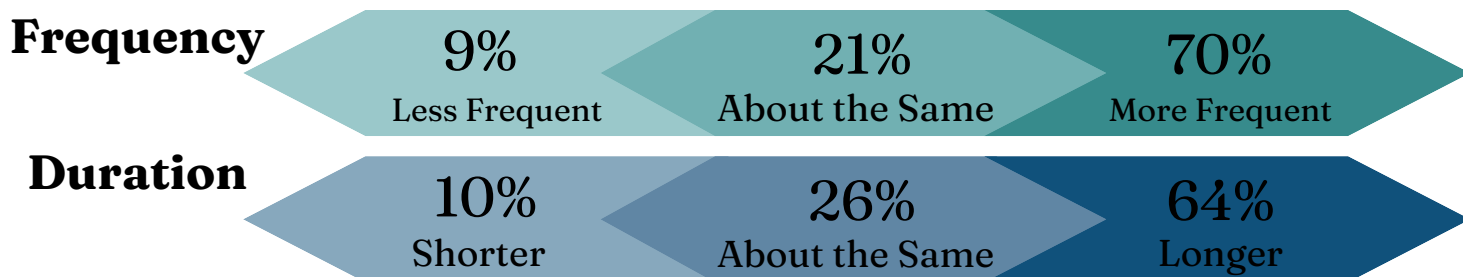
Finding #1

Residents percieve increasing heat overall and in the summer



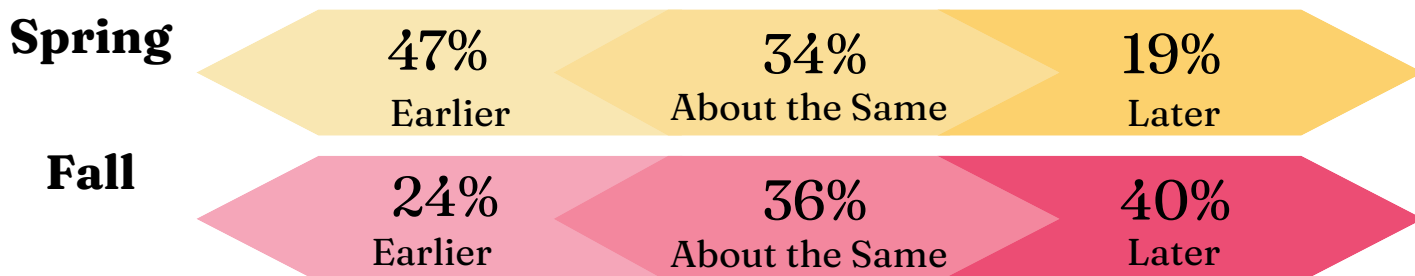
Finding #2

High temperatures are occuring more often and for longer periods



Finding #3

There is not agreement on when the heat conditions start and end



Find ways to reduce heat risk in your community

- **Connect:** Visit HEALing Partners or Allendale County Hospital
- **Know & Act:** Be aware of symptoms of heat-related illnesses

